

MINUTES OF THE PPG MEETING HELD VIRTUALLY ON WEDNESDAY 2ND DECEMBER

PRESENT Peggy Dyer PD John Coopey JC Anne Ayrton AA Maggie Morris MM Nia Morgan NM

Lynne Jackson LJ Ian White IW Marie Brain MB Amanda Elliott AE Lester Pygott LP Dr Chin Whybrew CW Dr Tim HardwickTH Dr Sophie Mistry SM Sarah Rogers SR

APOLOGIES Rose Rawlings Ali Hopton Peter Badham

NOT PRESENT John Grayson

MM welcomed everyone and introduced 2 new members Marie Brain and Ian White.

Chairman's report

MM said that Marilyn Angell had resigned from the committee after many years .MM had sent a card of thanks from the committee.

She reported that the last full PPG meeting had been on March 4th .Most agenda issues discussed at this meeting had been cancelled or postponed. Since then the surgery had called a meeting on 30th July to explain the new ways that the surgery was working. Subsequently the PPG members had met 3 times to see where we could help and from this we produced a questionnaire and PPG pamphlet which was distributed at 2 Saturday flu clinics and in the 2 Badham pharmacies.

MM had attended 2 virtual meetings of the Gloucestershire network, one of which was about the Fit for the Future consultation and one to hear what other PPGs were doing. One of these was to provide BP machines to those who could not afford them. CW explained that the surgery was part of a project to research people with these needs and had just taken delivery of 20 machines.

MM reported that the Sunday teas had naturally been abandoned for now but we were in contact with all our contacts by phone which they seem to appreciate. Rose was continuing to send birthday cards and of course they will be remembered at Christmas.

She also said that at one of our meetings Nia had been asked what the main problems were for young people and she said it was mental health. She agreed to do a short presentation on this at this meeting.

Surgery report

AE said that the surgery had 2 new salaried GPs, Dr Kate Field and Dr Stephanie Callaghan and 2 new Registrars, Dr Sophie Mistry and Dr Mbella Ekindi who both started in August.

SR also reported that flu vaccinations had been given to 1,900 over 65s and to 500 under 65s. Take up was much higher than in previous years.

Treasurers report

JC reported that we had £ 773.63 in the PPG account.

Covid questionnaire

PD opened up a discussion on the questionnaire that we had given to the surgery.

CW gave a very informative answer to all the questions, which by now all PPG members should have received, emphasizing that things were changing minute by minute and at present there were no answers to some of the questions. We all found it extremely helpful.

PD asked if it could be put into some sort of format for distribution but CW said it would be out of date before it was on paper!

She said that the PPG could help by spreading the word that patients should not phone their GP surgeries for information as this blocked the lines for sick patients. Everyone will be sent an appointment and our network will be attending the fire station in Keynsham road. There were ongoing negotiations with the Racecourse for other surgeries.

Mental Health in Young people

NM gave an excellent presentation on the support for young people

She said that she had found that there was no designated person at Cleeve School and that people were directed to the school nurse. She said that there had been a wellbeing day at school and this covered mental health issues. She had found several helplines including childline, The Samaritans, Youngminds and a number of recommended apps which she was asked to share with the surgery.

MM thanked NM for a very informative talk.

Obesity Campaign

MM explained that after the PM's Initiative in July on obesity, we had thought we should try to do a health event with the library. Liz Vella at Bishop's Cleeve library is keen to be involved as is Clevelands surgery. This has all been waylaid by the lockdown but now the library is open we can pursue this event.

AOB

PD said she was asked frequently about health checks for well people. CW explained that these were not done routinely because of workload but could be done on request.

MB said she had trained people in Transcendental Meditation as a free service if this was of help to anyone.

Date of Next Meeting: March 3rd AGM followed by meeting

MM emphasized with the very fluid situation at present an earlier meeting could be called.

Meeting closed at 7:15pm